



## Bruce Ingram

We welcome back author, sportsman, photographer, and conservationist Bruce Ingram to speak at our July 31<sup>st</sup> meeting. He will speak to us about the Roanoke River as it flows through Salem and Roanoke, Virginia. A unique thing about this river, it is one of the rare places to go in Virginia that offers both trout and smallmouth bass. Come out and learn about fishing this river that also offers quality lodging and restaurants nearby.

When not teaching English and Creative Writing in the Botetourt County, Virginia, school system, Bruce spends much of his time fishing, hunting, birding, doing habitat improvement projects on his land and enjoying the great outdoors. We will have the opportunity to purchase signed copies of Bruce's books outlined below at the meeting.

Bruce has been an outdoor writer/photographer since 1983. His extensive knowledge is reflected in the many books he has published, including *The James River Guide*, *The New River Guide*, *The Shenandoah/Rappahannock Rivers Guide*, and *The South Branch and Upper Potomac Rivers Guide*. These books cover a wide range of float trips available on these rivers, plus information on access points, rapids, fishing hot spots, and trip planning. Basically, paragraph by paragraph, mile by mile, Bruce takes you on a trip down these rivers, so that when you go on your own trips, you will have a safe, productive fishing experience.

Bruce and his wife Elaine recently co-wrote a book titled *Living the Locavore Lifestyle*, about ways to live a sustainable lifestyle by hunting and fishing for food, gathering wild fruits and nuts, and raising a garden, chickens, and fruit trees. It also contains several essays on the joys of hunting and fishing.

His book, *Tenth Grade Angst* is a Young Adult fiction novel. It is



the sequel to his first YA novel, *Ninth Grade Blues*. His third book in the series, *Eleventh Grade Stress* will be out this fall.

In addition to his books, Bruce has also placed nearly 2,500 articles in magazines and some 3,000 photos. He regularly writes for such magazines as *Virginia Wildlife*, *Wildlife in North Carolina*, *Whitetail Times*, *Turkey Country*, *Outdoor America*, *Quality Whitetails*, *Game and Fish Publications*, and many others. The Outdoor Writers Association of America has honored Bruce with seven writing awards. The Blue Ridge Land Conservancy honored Bruce and his wife Elaine as their Land Savers of the Year in 2014. The couple has placed 442 acres under conservation easements. That acreage is in the James and New watersheds. They also have cooking columns for the Virginia Deer Hunters' Association and the Quality Deer Management Association.

You can learn more about Bruce Ingram, as well as purchase his books, by visiting <https://sites.google.com/site/bruceingramoutdoors>. You can follow him on Facebook at <https://www.facebook.com/Bruce-Ingram-479206548880215/>



## Upcoming Events

**Join us Wednesday, August 28th, for our monthly meeting.** Our speaker for August will be fishing guide Jeff Green of Shallow Water Fishing Adventures. He will speak to us about fishing the Susquehanna River and what to consider when buying a jet boat for smallmouth bass fishing. 7:30-9:00 PM at the Vienna Firehouse, 400 Center St. S, Vienna, VA 22180.

# Fishing La Reserve Beauchene Canada

By Leon Kates

George Thurston (aka “Hookup”) and I fished at Lake Beauchene Canada, our third year, from 19 through 26 June 2019. The trip went according to plan and the fish really cooperated. We spent a leisurely day and a half driving to get there as the start time on your first day is noon and the ending time on the last day is also noon.



La Reserve Beauchene encompasses more than 50,000 acres in the high hills of Quebec. It contains over three dozen lakes and seven fish species offering some of the best fishing in Canada. La Reserve Beauchene is home to seven game fish species, one of the widest variety of any single area of Quebec: Smallmouth Bass, Lake Trout and Brook (speckled) Trout, Walleye, Northern Pike, Whitefish – and even Splake (a Brook Trout – Lake Trout cross). Catch and release is mandatory for Smallmouth, other species can be kept with the expectation that you would only keep what was necessary for one day’s meal.

As with our previous trips, we stayed in the Foley Bay “outpost” cabin. The cabin does not have electricity, however, the stove, refrigerator and lighting run on propane. This cabin is located in Foley Bay and is on a small island of its own. We were delighted to find they had built an extension on the cabin which

contained an on demand hot/cold shower (a luxury over the previous manual system where you needed to heat water and use a five gallon bucket). The resort also bought all new boats which we appreciated.

Black flies were reported to be very intense prior to our arrival so we took head nets, however, we experienced very few. But the mosquitoes are not to be taken lightly. Their bites turn into welts, and the itching drives you crazy. We had portable Thermacell units, which help immensely. Luckily horse flies weren’t an issue this year either.

As for the fishing: As we were located on the Foley Bay portion of the lake we found





that we didn't need to wander far from our cabin to catch quality fish. We found mostly pre-spawn fish along with a few fish on beds (which we didn't bother). The smallmouth fishing was phenomenal! Most of the fish we caught were 18 inches or larger. We also caught a good number of 19-inchers, and I was fortunate to land a 20 1/4-inch smallmouth. George caught a 23-inch walleye and a nice size pike.



Plastic baits worked extremely well, senkos; jacks worms; swimbaits; flukes. In the middle of two blue bird sky days when the bite died down, we were pleasantly surprised to find a strong Whopper Plopper top water bite, which added to the excitement.

The remote beauty of this location is fantastic. As we were the only inhabitants in the bay, at night there is no light pollution so the stars are bright and numerous, a spectacular sight. George and I reserved our cabin for next year prior to leaving. If you're looking for a place to consistently catch quality fish you should consider La Reserve Beauchene. They have numerous lodging options if you're not into the rustic environment of the Foley Bay Cabin. Check out their website to learn more: <https://beauchene.com/>



## 4<sup>th</sup> of July Juniata River Adventures

By Chris Schaupp



About 8 or 9 years ago I was attending a PRSC meeting listening to a professional that guided on the Juniata. He mentioned Camp Buttonwood situated on the Juniata in Pennsylvania

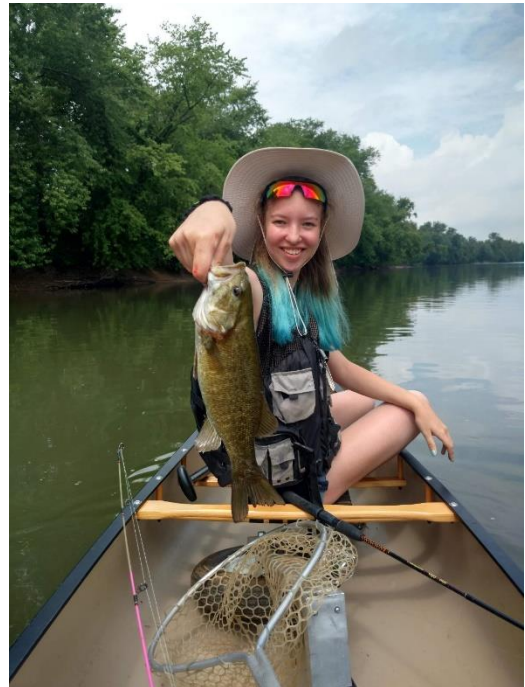
<https://buttonwoodcamp.com/> as an excellent family campground that also offered the opportunity for great fishing on the river. I jotted down the name on my copy of *The Buzz* and then stuffed it in a dresser drawer when I got back home.

Several years later (five years ago) I finally figured out a way to get a camping trip into our schedule on 4<sup>th</sup> of July weekend and booked a stay at Camp Buttonwood. We had no idea what we were getting into. We drove up in our pickup truck with a tent and some sleeping bags but found ourselves set up in a larger field with huge camper/RVs surrounding us. We didn't bring a canopy to protect our picnic table from the hot sun or

the rain we encountered. We did bring our canoe, but discovered that after the rainiest June in history, the Juniata was running way over flood stage, around 13 feet at the Lewistown gauge <https://water.weather.gov/ahps2/hydrograph.php?gage=lwsp1&wfo=ctp>

We did not end up doing any fishing or canoeing that trip. I figured the trip was pretty much a failure, but as we were getting ready to leave, the kids were asking when we could come back. The camp ground is so nice with so many planned and unplanned activities (including a 4<sup>th</sup> of July burning log ceremony), that it turns out despite the lack of river access, the kids still had a great time. I booked another trip for the next year, this time closer to the river, and we just finished our fifth 4<sup>th</sup> of July camping weekend there this year, complete with our own rented RV, and multiple canopies and camping equipment.

Except for that first year, we have had good luck with river conditions. The campground will take campers up river for tubing and possibly boating if the gauge is running under 5.5 feet and we have been averaging around 4 feet for all our other trips.







long to fish and let the tube and attached rope get in front of you as you go down the rapids. This can cause the canoe to spin around violently in the water and you may find yourself taking on the rapids going sideways or backwards. Note – the plastic pontoons on the canoe really help to stabilize. However, if you want to make things more challenging, be sure to bring a large dog that is terrified of water. Thank goodness I have a strong wife that can lift our dog into the canoe!

All kidding aside, when the Potomac river fishing seems like it is slowing down, consider the easy-flowing, easy-fishing Juniata and I highly recommend Camp Buttonwood as a place to stay, especially if you are bringing kids.

Have a Great Summer!

Mom, Dad and the kids still enjoy the great campground activities, but we also do several float trips each vacation, both above and below the campground. The smallmouth are quite cooperative, providing steady action as we float down the river. We often tie a large tube to the back of the canoe as we go down the river and the kids hang out on it and then also scurry around on their boogie boards using the tube as a Mother Ship as Mom and Dad try to cast and steer the convoy at the same time.

I noticed in last month's *Buzz* there was some tips on retrieving a kayak from fast water conditions. Here is another tip for you . . . when going down the rapids in a canoe while towing a tube of screaming kids behind you. When you come up upon some fast water, make sure you don't stop too



# 2019 Fishing Contest

- **Section 1:** All water above Harper's Ferry on the Potomac, all of the North and South Forks of the Shenandoah, and all tributaries flowing into these waters.
- **Section 2:** Main Stem of the Shenandoah and the Potomac from Harper's Ferry to the Mouth of the Monocacy, and all tributaries flowing into these waters. The Monocacy is included in this section.
- **Section 3:** The Potomac River below the Mouth of the Monocacy, and all tributaries.



## 2019 Contest Entries

Section 1, Biggest Fish:	John Hayes	21"
Section 1, Best 5 Fish:	John Hayes	92.5"
Section 2, Biggest Fish:	Bill Pearl	20"
<b>Section 2, Best 5 Fish:</b>	<b>Randy Chandler</b>	<b>78"</b>
Section 3, Biggest Fish:	Randy Chandler	20"
	Ernie Rojas	20"
	Chun Rhee	20"
Section 3, Best 5 Fish:	Randy Chandler	90"
Largest on Fly:	No Report	